

Report to York Area Meeting

Name of event	QPSW/QCCIR: Spirituality and End of Life Day Conference
Date and place of event	Saturday 4 th March, 2017- Friargate Meeting House, York
Your name	Edith Jayne (replacing Pamela Phillips who was ill on the day)
Your Meeting	New Earswick
Why did you accept nomination?	I was going anyway. Pamela felt unwell and asked me if I could write the report.
Who ran the event?	QCCIR / QPSW
What was its purpose?	To inform about End of Life Current Practices To share good practice
How was it structured?	Plenary (Talks by three Faith Leaders) Workshops (choice of 2) Lunch Workshops , Plenary
What did you learn?	<p>About Jewish, Christian, Muslim Faith perspectives on Death and Dying changing practices.</p> <p>Also about helping people to have a good death – in a workshop led by Ann Banks and Val Bone – one a death doula and one a palliative care nurse. They cited Stephen Jenkinson (Orphan Wisdom) as having explored how important it is to die well to give meaning to one’s whole life. They explored ways of being with the dying to help them at this important time and to help the families as well.</p> <p>The 12 Quakers series has a new one called 12 Quakers and Death (available from Quaker Bookshop)</p>

<p>What can the Area Meeting learn?</p>	<p>The main very strong message was that we need to open up conversations with each other and our families about our wishes on end of life issues and wants and to facilitate how these will be possible with adequate preparation, paperwork and common practices by us all. There appears to be very much work we can do to facilitate this. Death Cafes are one such tool in a kitbag as are Advance Directives, Funeral wishes forms, conversing with medics etc. There are various resources and web-sites that are useful(see attached re religions) and www.compassionindying.org.uk. Q.F.&P. chapter 17, Booklet: Love and Loss, Assisted Dying: A Quaker Exploration (Leeds A.M.) etc. Web-site: deathcafe.com, www.compassionindying.org.uk info@dignityindying.org.uk. Thirsk Quaker Meeting has experience of running Death Cafés orphanwisdom.com- Stephen Jenkinson_has videos that might be useful.</p> <p>We all need to learn ways of being with the dying.</p> <p>I was happy to learn that if you have discussed with your GP as I have and made an Advance Directive it is on file on your notes for all others in the practice to read should your Doctor not be available at that time.</p> <p>We were issued with a sheet to tick about choices in Dying and also two documents: <i>Frequently Asked Questions</i> and <i>Mental Capacity</i>.</p>
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