



# New Earswick Quaker Meeting **NEWSLETTER**

**Number 144**

**May 2019**

**Meeting for Worship  
Sunday at 10.30 am**

## **Children and Young People's Meeting**

For Sunday arrangements please contact Gillian Darton or Edith Jayne.

## **Advices and Queries 28**

Every stage of our lives offers fresh opportunities. Responding to divine guidance, try to discern the right time to undertake or relinquish responsibilities without undue pride or guilt. Attend to what love requires of you, which may not be great busyness.

### **Report** - Gillian Darton

Our Meeting continues to play a supportive role in the following initiatives which have developed from our concern around Carr Junior School and from that, the Carr Community. The full report was originally made to the Retreat Benevolent Fund in March 2019.

**Baby Watching** - The Retreat Benevolent Fund has funded a place for two people to train as a mentor for Baby Watching and as a Group Leader respectively. The mentoring training has had to be deferred due to lack of numbers. In the meantime a meeting is being arranged to discuss ways of establishing a Baby Watching base in the North.

Meanwhile, we are in our third year of Baby Watching in School, this year working with a class who are struggling to be kind towards each other. They really look forward to their Baby Watching session and are fully engaged. The success can be measured, not just by the impact on the children, but by the number of teachers who are asking for these sessions with their class.

**CATS (Carr and Acomb Therapy Service)** - The counselling service has begun slowly. One counsellor got established with two clients very early on and a third client is starting soon. The remaining two counsellors have one client each through CATS, with a second client due to start.

Factors affecting the uptake are:

- Several people have expressed an interest but decided it is not for them at this time
- The on-going clients would count as hard to reach and establishing a trusting relationship has taken time, and is proving worthwhile. This work is inevitably long term.
- Our current premises are only available at limited times, reducing the hours that the counsellors can offer.

## **Sunday 05**

Business meeting

## **Wednesday 8**

Upholding Group at the Meeting House 7.30 pm

## **Sunday 12**

Food Bank Collection  
Carecent Collection  
Appeal  
Fair Trade stall  
Area Meeting at Friargate  
1.30

## **Monday 13**

Days for Girls at the Meeting House  
10.00 to 12.30

## **Wednesday 22**

Experiment with Light  
at 7 Kenlay Close  
2.00 – 4.00 pm

## **Sunday 26**

Food Bank Collection  
Carecent Collection

**Force may subdue  
but love gains, and  
he that forgives first,  
wins the Lawrel.**

**William Penn**

**1644-1718**

**Please send any items for the June 2019 Newsletter  
by Wednesday 17<sup>th</sup> April to Eleanor Tew  
[eleanor.tew@talktalk.net](mailto:eleanor.tew@talktalk.net)**

- The small number of counsellors, limited room space and long term counselling needs mean that there is currently limited opportunity to take on new clients.
- One counsellor has had personal problems meaning she has had to take some time out.
- We are looking to move forward and take steps to be able to offer a wider service:
- We are actively looking for new premises and have two possibilities in the pipeline at present. Our criteria are that they must be within the Acomb area, 'emotionally neutral' and at no cost. From experience, the client group we are reaching out to can be reluctant to go out of their comfort zone, and for some, that can be leaving their home area, let alone starting counselling.
- Once we have additional premises our current counsellors will be happy to do some evening sessions. At present they have to fit counselling around their working day.
- We have also recruited a new trainee counsellor, who is excited to be joining the team. She understands she will not have supervision costs paid, is keen to boost her counselling hours and understands the value of working with our client group. We are hoping that once we have more capacity in terms of space, we may be able to recruit more trainees.
- At present I have limited capacity to develop the service but I shall be retiring from full-time work in the summer and hope then to be able to put more time and energy into placing it on a firmer footing. We are currently looking at ways to support the development of this service. Meg Forrest has already offered support with our GDPR commitments and would be happy to be part of a support structure.

**Wendy Bradshaw's training** - Wendy's training continues as planned. She has taken on two clients through CATS and has a prospective third. As her confidence and skills grow Wendy is looking to reduce her extra curricula responsibilities at school to allow her to be further available to serve CATS. While Wendy finds the academic training challenging, she recognises her skills as a therapist are developing. She takes pride in recognising the difference she is making in people's lives. This provides a positive catalyst for her to take advantage of additional training when available. As much as Wendy recognises the benefits she is able to offer through counselling, she is aware also of the positive impact her training is having on her own sense of well-being.

Wendy is more able to apply her therapeutic training within the school environment to the benefit of staff, pupils and parents.

**Monthly Appeal** - Joan Patton

The appeal in May will be for Christian Aid which holds its annual national appeal this month. Christian Aid is a well-known and popular aid agency which works to end poverty and injustice amongst some of the most vulnerable communities around the world. They seek to work with local partners doing ground-breaking work to help people in poor communities to improve their lives, especially in key issues such as gender, health and resilience. I hope that once again we will make a good donation to the Christian Aid appeal this year.

**New Earswick Quaker Meeting**

**Friends Meeting House, White Rose Avenue, New Earswick, York YO32 4AD**

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